

## Bath Mats or Strips Inside the Tub

Most tubs do not have adequate slip resistant finishes to prevent the foot from slipping, especially when built-up grease, suds and oils are present. To reduce the chance of a slip injury, bathtubs should have either bathmats or bath strips.

- Choose a mat with numerous suction cups to securely adhere the mat to the bathtub floor
- Bath strips should be placed close to each other so that very little of the bathtub floor surface comes in contact with your foot



## Bath Mats for Outside the Tub

A mat with a rubberized slip-retardant backing will help prevent the mat from slipping underfoot. Regular towel mats without backing should not be used as they can easily slide when walked on, causing a fall.

Bath mats left on the floor can be a tripping hazard, so it is best to hang them on the side of the bathtub after each use.

